# AMP RECOVERY Online Group Facilitators Script (v9)

**Usually, before the meeting begins we hand out Reading Assignments:** *Does anyone want to read any of the scripts?* 

**About Confidentiality:** It is AMP's policy to protect your confidentiality and anonymity. Here is a suggestion on how to do that, First Name or Middle Name with Last Name Initial be used to identify yourself in any online format. We want you and others to be comfortable participating in our programs.

A word about Silence: During our mtg we use silence as an invitation to speak, use the awkward moment to examine your thoughts. Be Brave.

#### **Introduction:**

Welcome to the (Date + Time) Zoom Meeting of AMP RECOVERY GROUP. My name is \_\_\_\_\_\_ and (optional) I am a grateful believer in Jesus Christ (choose one) recovering from sexual addiction or who is fighting for sexual purity. AMP Recovery Group is a Christ-centered support and recovery program for sexual impurity or sexual addiction with the goal to achieve Biblically-based sexual purity. We share our experience, strength, and hope with each other so that we may achieve sexual purity and help others overcome sexual impurity or compulsive sexual behaviors. Although we believe Jesus Christ is our Lord and Savior, Christianity is not a requirement for attending meetings or working the 12-step program. The only requirement for membership is the desire to stop compulsive sexual behavior and reach sexual purity. Therefore, this group is open to any man who struggles with any type of sexual impurity.

Please share with me a moment of silence, followed by the Serenity and Opening Prayers.

## **Serenity Prayer**

God grant me the serenity

As it is, not as I would have it;

To accept the things I cannot change; Trusting that He will make things right

Courage to change the things I can; If I surrender to His Will;

And wisdom to know the difference. So that I may be reasonably happy in this life

Living one day at a time; And supremely happy with Him

Enjoying one moment at a time; Forever and ever in the next.

Accepting hardships as the pathway to peace; Amen.

Taking, as He did, this sinful world

### **Opening Prayer**

Father, I ask you that you bless this meeting and the men who are with us today, that You give us courage to share our experience, strength, and hope and that we encourage each other to be the sexually pure men You intend us to be.

Will the person with **Our Problem**, please read it.

For those members new to this program of spiritual recovery, I urge you to listen to the following <u>"How it Works"</u> section very closely. It is the path we must follow that will help set us free. Will the person with How it Works, please read it.

This is a closed meeting. If you feel you cannot relate to the material you have just heard or feel you do not struggle with maintaining sexual purity, we ask that you leave at this time. By staying you agree to the following guidelines:

- 1. Keep your sharing focused on your own thoughts and feelings, use "I" or "me" statements, not "you" or "we". Using "I" or "me" statements forces us to take responsibility for our behaviors. Limit your sharing to three to five minutes. The leader has a timer and will notify you when the time has expired. The leader will notify everyone when it is OK to share more.
- 2. There is NO cross talk. Cross talk is when two individuals engage in conversation excluding all others. Each person is free to express his feelings without interruptions. I ask that everyone only unmute their device while they are talking and return them to mute when finished.
- 3. We are here to support one another, not "fix" another. Leaders are but trusted servants, they do not give feedback during the meeting.
- 4. Anonymity and confidentiality are basic requirements. What is shared in the group, stays in the group. The only exception is when someone threatens to injure themselves or others (or admits to committing an unprosecuted felony-level sex crime. The leaders are required, by law, to report these activities.)
- 5. Offensive language has no place in a Christ-centered recovery group. Furthermore, names, locations, websites, or explicit examples should NOT be shared. If something offensive or triggering is mentioned, the leader or a member should bring attention to the person sharing.

Will all present please introduce yourself using first names only? New members need not admit to having a problem with sexual purity or sex addiction but let us know if this is your first recovery meeting or first time attending this specific meeting. (if a new member is in the meeting) (Please hang on until the end of the meeting and I will exchange information with you so that we can send you a Newcomer's packet.) Here is an example of my introduction, my name is \_\_\_\_\_\_ (I'm a grateful believer in Jesus Christ ) and (choose one) I am recovering from sexual addiction or fighting for sexual purity.

# The Empty Chair:

The Virtual Empty Chair in the middle of our circle awaits the return of those members who are currently suffering the consequences of their addiction in prison.

Also, the chair awaits the return of those members who have left the program in search of their true rock bottom.

Finally, the empty chair is to remind all present of the loss of those members whose disease drove them to take their own life.

#### **Parking Lot:**

There will be a Virtual Parking Lot at the end of the meeting intended to allow time to exchange phone numbers and gather information on new members. We use our Groupme Account to Develop relationships for Accountability. Reach out to the guys in Groupme for daily accountability and support.

## **Topic Introduction:**

The floor is now open for comment on the topic. Other topics and check-ins are always welcome. Also, if you choose, please include your prayer request at this time.

## With 10 minutes remaining in the meeting:

The time for sharing has ended unless someone has a burning desire to share one last time. A "burning desire" is defined as a desire to share one last thing in order to avoid acting out because of not sharing.

#### **Group Announcements:**

Are there any group announcements?

### Suggest resources and website, podcasts

**Donations:** At Apostolic Moral Purity (AMP) we are supported by your donations. Making freedom from addiction available to others takes time and money. Many people have donated hundreds of hours now we need finances to help broaden our voice. Please consider your part prayerfully.

Have you been helped? Help others by giving!

<u>Apostolicmoral purity.com/donate</u> or <u>amprecovery.org</u> (Donate to AMP Button)

#### Closing:

In closing, I would like to say that the opinions expressed here were strictly those of the person who gave them. The things you heard were spoken in confidence and should be treated as confidential. Please keep them within the walls of this room and the confines of your mind. Whatever problems you have, there are those among us who have them also. If you keep an open mind, you will find help. Let us talk to one another and reason things out but let us not gossip or criticize one another. Instead, let the understanding, love, and peace of Christ Jesus grow in each of us, one day at a time.

Will the person with **The Promises** please read them?

**Closing Prayer:** Apostolic Prayer Don't be in a hurry.

Let us close with Open Prayer for the men in this meeting, there requests, for what they shared or did not share, for their recovery, and for the group. (Unmuted)

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