

LESSON PLAN - Session 25 – Step 9 – Making Amends, Part 2

Time	Activity
0:00	Opening Prayer
	Plan for the session
	Catch-up Sharing
	Sharing Exercise
0:05	Catchup Sharing – S9.1 Making Amends Table
0:15	Sharing Exercise S9.2 Amends Letters
	Most important goal for this session – Enable each man to move toward completion of Step 9 in next 2 weeks.
	Ask for outstanding questions
	Ask if there are any obstacles or stumbling blocks
	Go around the circle. Ask each man to share an amends letter or their
	notes/letter for a planned direct amends session.
	Ask the group for questions or feedback.
	Use all of the available time for such sharing.
1:20	Assignments
	Big push – deliver direct amends
	Bring any Amends Letters to read to the group
	Complete Exercise S9.3 – Review instructions - emphasize that there is to
	be a reflection for <b>each</b> amends made. Each does not need to be lengthy,
	but each deserves its own reflection.
	When finished with Step 9 (or when waiting for your next scheduled
	direct amends), read/skim Step 10. We will introduce at next session.
1:25	Final questions or comments
	Closing Prayer
1:30	Adjourn – may leave meeting open for additional discussion

Leader Notes – no new notes – as needed or helpful, use materials from Castimonia Resource Book, Steps 8 and 9; Leader Notes from Sessions 22 and 23.