

Lesson Plan - Session 32 – Step 12 – Our Testimony

Time	Activity
0:00	Opening Prayer Plan for the session Catch-up Sharing Share Exercise 12.3, Our Testimony Assignments
0:05	Catch-up Sharing
0:15	Share Exercise S12.3, Our Testimony Ask each man to share his “elevator speech” testimony with the group Testimony should require 60-90 seconds each. If possible, do not read. Speak as if sharing with a friend or colleague. Ask for feedback and crosstalk. Repeat until everyone has had the opportunity to share. As appropriate, some men will want to refine their testimony and share again next session.
1:00	Sponsorship
1:20	Assignments
1:25	Final questions or comments Closing Prayer
1:30	Adjourn – may leave meeting open for additional discussion

Leader Discussion Notes

Sponsorship

Need for sponsors

Each one lead one

Alt. – One/Two lead a group

Main requirements

Willingness and availability to serve another man needing help

Knowledge of Steps

General knowledge of sexual addiction, obsession, and compulsion

Willingness to learn more, as needed

Sources of Support