

Lesson Plan - Session 11 – Step 3, Part 1

Time	Activity
0:00	Opening Prayer Plan for the session Catch-up sharing Share Exercise 3.1 and 3.2 Assignments
0:05	Catch-up sharing Last call – Step 1 Last call - Step 2
0:20	Share Exercise 3.1 – List of Miracles <ul style="list-style-type: none"> • Ask each man to share one miracle from his list – as much as possible, avoid sharing similar story; 2 minutes each • May prompt recollection of another miracle in your life
0:55	Share Exercise 3.2 – Barriers to Turning Will over to the Care of God <ul style="list-style-type: none"> • Ask each man to share one barrier – keep sharing to 1 minute each • Again, listen for barriers that you may have overlooked
1:20	Assignments Review the assignments on the Overview for the next session. Exercise 3.3 – Bearing Fruit Read instructions and review examples in Step 3 reading Final questions or comments
1:25	Closing Prayer
1:30	Adjourn – may leave meeting open for additional discussion

Leader Discussion Notes

Some responses from prior groups

Exercise 3.1 – Miracles

- Second chances – wife, life, other relationships
- Leaders in my life
- Stop smoking – saved my life, regained health
- Looked for therapist – stumbled on a CSAT
- Friend took me in – knowing my addiction
- Lost job – Found job
- No STDs
- Life saving health when no other options seemed available – remote location, no money or insurance
- Financially destitute – church or friends provided food for 2 weeks; every day someone showed up without us telling anyone of our issues
- Intoxicated, driving high speeds on winding road – no wreck, still alive

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Exercise 3.2 – Barriers

- Being fake – not authentic
- Insisting on “my way”
- Control vs. Surrender
- Leaning on my strength
- Addicted to the “high” of addiction
- Fear of the unknown
- Pride, lack of humility
- Failure to stay on schedule, to follow through
- Regret
- Fear of rejection – what others think
- Fear of failure