

Lesson Plan - Session 20 – Step 6 – Are You Entirely Ready?, Intro Step 7

| Time | Activity  |
|------|---|
| 0:00 | Opening Prayer<br>Plan for the session<br>Catch-up Sharing<br>Questions/Discussion on Step 6<br>Share Step 6 Exercise S6.1<br>Intro Step 7<br>Assignments   |
| 0:05 | Catch-up Sharing  |
| 0:15 | Exercise S6.1 – First question<br>Ask 8 men to share one example of the harm they caused someone. 1-2 minutes each. Then ask if others have other significant examples they wish to share with the group. Group may discuss examples given.   |
| 0:45 | Exercise S6.1 – Second question<br>Ask 8 men to share one example of what it means to be entirely ready for God to remove character defects 1-2 minutes each. Then ask if others have significant examples they wish to share with the group. Group may discuss examples given.<br>Are you ready to move to Step 7? |
| 1:15 | Intro Step 7 and Assignment S7.1 (3 questions to consider and write responses)  |
| 1:20 | Final questions or comments<br>Closing Prayer   |
| 1:30 | Adjourn – may leave meeting open for additional discussion  |

LEADER NOTES

Helen Keller – I thank God for my handicap. Through it I found my calling, my life, and my God.  
Unknown – I will never accidentally be humble!

Intro Step 7 - Read Step and Verse

Step 7 has 2 main parts:

- Humility
  - What is it? Where have you been? Actions that show it?
  - Phil. 2:3-4 – Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.
- Ask for removal:

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- Select your 5 character flaws that cause the most pain to you and/or others. Identify the specific pain caused. Ask God to remove (defects) and replace (assets).

### Supplemental Documents:

I Asked the Lord – John Newton (Indelible Grace)

Prayer of the Anonymous Abbess

Articles on Humility: Andrew Murray, Chart

Drop the Rock prayer

Jesus and the 12 Steps – Denison

The Centurion's Son – Luke 7:1-10

Step 6 calls for readiness; Step 7 calls for action.

Centurion – “Lord, do not trouble yourself, for I do not deserve to have you come under my roof. That is why I did not even consider myself worthy to come to you. But say the word, and my servant will be healed. Jesus responded – I have not found such great faith even in Israel.

Jesus responds to needs. Jesus responds to faith.

The whole emphasis on Step 7 is humility.

Micah 6:8 – what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.

Rev. Ed Young – Second Baptist, Houston – to young pastors – The first thing you have to learn to do is walk on your knees.

Rick Warren – Humility is not thinking less of yourself; it is thinking of yourself less.

Our Shortcomings – at this point, we admit that our problem is far worse than sex addiction. Our shortcomings must be eliminated (by God); it is not enough to cover them; pass over them; ignore them; or minimize them. We must be desperate to have them eliminated.

Seventh Step Prayer, page 129.