

Lesson Plan - Session 31 – Step 12 – Helping Others; Time, Talent, Treasure

Time	Activity
0:00	Opening Prayer Plan for the session Catch-up Sharing Exercise S12.1 Exercise S12.2 Assignments
0:05	Catch-up Sharing
0:15	Share Exercise S12.1, Helping Others Go around the circle. Ask each man to share one thing he has done or is planning to do to help others. Limit to one minute each. OK to skip if a man's list has been exhausted by the sharing of others. Also, good to add to your list if you hear ideas that you had not considered. Feedback and crosstalk welcome. Once everyone has shared, ask if any items were not yet shared by someone.
0:50	Share Exercise S12.2, Time, Talent, Treasure For each category (Time first), go around the circle asking each man to share one item (less than 1 minute). (see instructions above, including encouragement to add to your list as you hear other good ideas) Repeat process for Talent, then Treasure
1:15	Assignments Exercise S12.3 – Our Testimony
1:25	Final questions or comments Closing Prayer
1:30	Adjourn – may leave meeting open for additional discussion

Leader Discussion Notes

Create a list of sample responses for each category

Time

Insert list here

Talent



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Insert list here

Treasure

Insert list here

Testimony – Thoughts and Suggestions

There are many settings in which one could share “their story” of God’s redemption and healing. A few men may be asked to share a 30 minute version of their story in a retreat, others may be asked to share a 3-5 minute testimony in a church service, and many will have the opportunity to share their “elevator speech” in a wide variety of settings.

Our exercise will focus on the 90 second elevator speech.

- My struggles
- My bottom
- Other men in recovery
- God
- New life
- Reach out to others

This is usually not the place for graphic details, wallowing in our sorrows, step-by-step description of recovery activities, etc.

Sample:

Like many (or most) men, I struggle with sexual purity. For many years, this was a losing battle and thoughts of sex dominated my life.

One day my wife discovered some of my impurity involving the use of internet pornography. That led me to seek out a Christian therapist, which in turn led me to Castimonia, a Christ based 12 step recovery program.

In recovery, I rediscovered the love of God, just like the prodigal son. I also came face to face with my character defects, resentments, and fears.

Over time, with the help of other men working this program, God has begun to change me, most everything in my life is better.

Finally, as part of my Step 12, I have shared this Good News with other men; men seeking relief and more deeply, men seeking to find or rekindle their relationship with God, in Jesus Christ.

As their relationship with God is restored, other relationships begin to recover as well.



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I am grateful that other men were there to point me to God when I needed Him the most.